

JANUARY 5TH - 15TH, 2025

10

DAY

DANIEL

FAST



Christian Faith
Outreach Centre

YEAR OF
Jubilee & Favour

Year of Jubilee & Favour!

WHAT IS A FAST?

Fasting ALWAYS involves FOOD! The Hebrew word for fast means “to cover the mouth.” The Greek word for fast means “to abstain from food.” There are times that we need to get away from the everyday distractions, spend time alone with God, and, at times, away from people. However, fasting is always about restricting food!

There are many types of fasts. Some examples are listed below:

- Standard Fast (water only)
- Absolute Fast (no water or food)
- Partial Fast (restrict certain food and drink categories)
- Intermittent Fast (only eating during a small daily window, i.e. no food before 6 PM)

There are many variations on these fasts, but they can all have spiritual benefits when we devote the time spent eating to focus on God and serving others.

WHAT IS THE DANIEL FAST?

The Daniel Fast is a 10 (Daniel 1:8-14) or 21-day (Daniel 10:3) partial fast where one restricts commonly enjoyed foods as an act of worship and consecration to God.

The idea behind the fast is not to duplicate Daniel’s menu but to emulate his spiritual hunger. Daniel’s passion for the Lord caused him to seek spiritual food rather than physical food, which should be the desire of anyone doing the Daniel Fast. The food guidelines are given to help you set boundaries for your fast. ***They’re not meant to push you into legalism.*** The focus of the Daniel Fast is not the food. Instead, it’s all about setting your eyes on God and drawing near to Him.

WHY THE DANIEL FAST?

The Daniel Fast is a spiritual discipline designed to connect us with God even more than before. Many Christians throughout the world begin the New Year with a period of extended prayer and fasting. ***Here at Christian Faith Outreach Centre (CFOC), we'll take 10 days to deepen our relationship with God and center ourselves around what God will do in our lives, church, and communities.*** At CFOC, we want to see our Mission move forward. We are committed to seeing our members fulfill the call of God in their lives so we can impact our community, our country and other nations worldwide through prayer, discipleship, and connection-building innovatively.

PREPARATION FOR THE DANIEL FAST

1. Have the right kinds of foods in the house that you can eat for the Daniel Fast. Also, plan your menus and prepare the foods so they are available to you.
2. Get rid of or at least put away tempting foods. The biblical accounts of Jewish women showed that as they prepared for the Passover, they cleaned their homes from top to bottom and removed all yeast from their storage. Many Jews engage in this same practice when preparing for the Passover.
3. Plan time to prepare meals as they will likely take a little longer than when you are not fasting. Most of the meals you prepare will be from scratch since there are so few prepared products that don't have chemicals in them. So, you will want to set aside enough time to prepare your meals, not only for meals at home, but also meals at work or when you're traveling.

- a. You will probably need to cook many of your meals “from scratch.” That’s because so many of the prepared foods include sugar and chemicals, which are both no-noes on the Daniel Fast.
- b. **READ THE LABELS.** You will likely be amazed, and maybe even a bit discouraged, as you try to find prepared foods that are sugar-free and chemical-free.
- c. Use frozen vegetables. Obviously, you will increase your use of vegetables on the Daniel Fast. The good news is that the vegetables found in the frozen food cases are usually totally free from any chemicals and they are more nutritious than most vegetables found in the produce section (that’s because fruits and vegetables lose their vitamins and minerals the longer they are separated from their vine or branch - wow, there’s a spiritual truth in that statement - and when the foods are flash frozen within only a few hours from harvesting, they retain more of their food value). Frozen fruits and vegetables are also “ready to go.” They are washed, trimmed, sliced and diced and ready for you to do your creative work on them to make them even better!
- d. Generally, if a food is a fruit or vegetable and free from sugar or chemicals, it is okay for the Daniel Fast. Review the Daniel Fast Food List and then make a call.
- e. Beans, rice and tofu are excellent sources of protein. The Daniel Fast is great for finding new recipes that may become family favourites. Millions of people in the world eat foods consistent with the Daniel Fast as their core diet.

THE DANIEL FAST FOOD LIST

- **All fruit** - fresh, frozen, dried, juiced, or canned.
- **All vegetables** - fresh, frozen, dried, juiced, or canned.
- **All whole grains** - amaranth, barley, brown rice, oats, quinoa, millet, and whole wheat.
- **All nuts & seeds** - almonds, cashews, macadamia nuts, peanuts, pecans, pine nuts, walnuts, pumpkin seeds, sesame seeds, and sunflower seeds; unsweetened almond milk. Nut butters are also included.
- **All legumes** - canned or dried; black beans, black-eyed peas, cannellini beans, garbanzo beans (chickpeas), great northern beans, kidney beans, lentils, pinto beans, and split peas.
- **All quality oils** - avocado, coconut, grapeseed, olive, peanut, sesame, and walnut.
- **Beverages** - distilled water, filtered water, and spring water.
- **Other** - unsweetened almond, coconut, rice, or soy milk; herbs, spices, salt, pepper; unsweetened coconut flakes, seasonings; Bragg's Liquid Amino; soy products; and tofu.

FOODS TO AVOID ON THE DANIEL FAST

- **All meat & animal products** - bacon, beef, buffalo, eggs, fish, lamb, poultry, and pork.
- **All dairy products** - butter, cheese, cream, milk, and yogurt.
- **All sweeteners** - agave nectar, artificial sweeteners, brown rice syrup, cane juice, molasses, raw sugar, syrups, stevia, and sugar.
- **All leavened bread & yeast** - baked goods and Ezekiel bread (if it contains yeast).
- **All refined & processed food products** - artificial flavourings, chemicals, food additives, preservatives, white flour, and white rice.
- **All deep-fried foods** - corn chips, French fries, and potato chips.
- **All solid fats** - lard, margarine, and shortening.
- **Beverages** - alcohol, carbonated drinks, energy drinks, juices with added sugars.

OUR MISSION

Transforming Lives, Impacting Communities

OUR VALUES

INTEGRITY: Reputable Character - *We walk our Talk*

LOVE: Loving Jesus, Loving Others - *A safe place to grow, challenge and thrive.*

HUMILITY: Having the Mind of Christ - *Boasting only of the finished work of Jesus.*

COMPASSION: Take action - *Value and show kindness to everyone.*

GENEROSITY: Joyful and Voluntary - *Give freely as we receive freely.*

2025 - Year of Jubilee & Favour

1. GROWTH:

- a. Spiritual (Deepening relationship with God)
- b. In Numbers (Increase in church attendance)
- c. Increase Financially (Personal & Church)

2. BUILDINGS & LAND:

- a. Church (Larger facility for CFOC)
- b. Doors Of Compassion (Shelter, Supportive Housing, Increased Hub space, Larger Facility for the Next Steps Foodbank)

3. CHURCH PLANT:

- a. Central Oshawa

MEDITATION SCRIPTURES

Here is a starting point for meditating during the Daniel Fast. We must spend time reading and meditating on the Word of God while fasting – otherwise, we are only starving ourselves. The word for CFOC in 2025 is Jubilee & Favour. Below are the definitions of Jubilee and Favour.

1. **Jubilee** - The word "jubilee" is derived from the Hebrew word *job*, which means "ram's horn" since it was precisely that horn which was used as a trumpet, whose sound indicated to everybody the beginning of the jubilee year. The year of Jubilee occurs after every seventh Sabbath year, thus, every 50 years. It is an economic, cultural, environmental and communal reset when the land and people rest, and all those who are in slavery are set free.

"Jubilee was a recovery of identity, especially for the poor. It is not about simply correcting economic problems, which is very important; not even just caring for the poor because they're poor; but it is restoring identity, which is a part of their history and very important..."
- CB Samuel

2. **Favour** - Finding favour means gaining approval, acceptance, or special benefits or blessings. There is also a close association between favour, grace, and mercy, which are sometimes used to translate the same Hebrew and Greek words (such as *hen* [[ej](#)] and *charis* [[cavri](#)]).

***Favour follows surrender.** When we give our time, talents, and treasure to the Kingdom, we receive God's favour. So, favour isn't code for "every Christian should be rich." Rather, favour is the measure of grace that allows us to resource God's plans and purposes for our lives. - Billy Epperhart*

Foundational Scripture: Luke 12:32-34

Amplified Bible:

³² Do not be afraid *and* anxious, little flock, for it is your Father's good pleasure to give you the kingdom. ³³ "Sell your possessions (show compassion) and give [donations] to the poor. Provide money belts for yourselves that do not wear out, an unfailing *and* inexhaustible treasure in the heavens, where no thief comes near, and no moth destroys. ³⁴ For where your treasure is, there your heart will be also.

Berean Bible:

³² Do not fear, little flock, for your Father took delight to give you the kingdom. ³³ Sell your possessions and give alms; make to yourselves purses not growing old, an unfailing treasure in the heavens, where thief does not draw near, nor does moth destroy. ³⁴ For where your treasure is, there your heart will be also.

Prayer Points For CFOC:

1. CFOC Believers are sensitive to Holy Spirit and live in the SPIRIT!

- We are surrounded by the Lord's anointed and hears only His voice, and are quick to do His command. We pray and declare:-
- 1 John 2:27 - But the anointing that you received from him abides in you, and you have no need that anyone should teach you. But as his anointing teaches you about everything, and is true, and is no lie—just as it has taught you, abide in him.
- 1 John 2:20 - But you have been anointed by the Holy One, and you all have knowledge.
- Psalm 45:7 - You have loved righteousness and hated wickedness; Therefore God, Your God, has anointed you with the oil of joy above Your fellows.
- Luke 4:18 - The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed.

2. Children, Youth and Young Adults on fire for God

- Our youth and children today are bombarded with every temptation known to man, and the enemy is seeking to destroy their character. Let us pray that they will experience an ongoing transformation by having their minds renewed and that they'll be examples to the world in their speech, lives, love, faith, and purity.
- Let us also ask for more Christ-like role models for our young people, particularly among their own peers. We pray and declare:-

- ([1 Timothy 4:12](#); Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.
- Jeremiah 1:4-9 – “The word of the LORD came to me, saying, ‘Before I formed you in the womb I knew you, before you were born, I set you apart; I appointed you as a prophet to the nations.’ ‘Ah, Sovereign LORD,’ I said, ‘I do not know how to speak; I am only a child.’ But the LORD said to me, ‘Do not say, ‘I am only a child.’ You must go to everyone I send you to and say whatever I command you. Do not be afraid of them, for I am with you and will rescue you,’ declares the LORD. Then the LORD reached out his hand and touched my mouth and said to me, ‘Now, I have put my words in your mouth.’”
- Joel 2:28 - ‘And afterwards, I will pour out my Spirit on all people. Your sons and daughters will prophesy your old men will dream dreams; your young men will see visions.

3. *Marriages healed and restored in CFOC.*

- Marriage is a solemn covenant of a man and woman before God. God designed marriage to provide partnership, spiritual intimacy, and the ability to pursue God – together. We believe for strong and enduring marriages in CFOC. We pray and declare:-
- Psalm 143:8: "Let the morning bring (marriages) word of your unfailing love, for I(they) have put (their) trust in you. Show (them) the way (they) should go, for to you (they) entrust (their) life."
- Proverbs 3:3-4: "Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart.
- Colossians 3:14: "And over all these virtues put on love, which binds them all together in perfect unity."

- Mark 10:9: "Therefore what God has joined together, let no one separate."
- 1 Corinthians 13:4-5: "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonour others; it is not self-seeking, it is not easily angered, it keeps no record of wrongs."

4. All our gifts are activated, mature and effective in Jesus Name

- Spiritual Gifts are supernatural motivations given to every believer. We do not all receive the same gift. Just as many parts of the human body work together as one, so Spiritual Gifts are given to the Body of Christ to serve as one. The purpose of these gifts is to encourage and mature Christians for effectiveness in ministry. All of the spiritual gifts the Bible describes are significant, and they work best when used in the context of life within a community of other Christians (Church).
- John 15:5 NIV, "I am the vine; you are the branches. If you remain in Me and I in you, you will bear much fruit; apart from Me you can do nothing."
- There are different kinds of gifts, but the same Spirit distributes them. There are different kinds of service, but the same Lord. There are different kinds of working, but in all of them and in everyone it is the same God at work. Now to each one the manifestation of the Spirit is given for the common good." (1 Corinthians 12:4-7 NIV)
- *1 Corinthians 12:31 NLT - "So you should earnestly desire the most helpful gifts. But now let me show you a way of life that is best of all." (1 Cor. 13 Love!)*
- 1 Timothy 1:18-19 (NLT) Timothy, my son, here are my instructions for you, based on the prophetic words spoken about you earlier. May they help you fight well in the Lord's battles. Cling to your faith in Christ and keep your conscience clear. For some people have deliberately

violated their consciences; as a result, their faith has been shipwrecked. Hymenaeus and Alexander are two examples. I threw them out and handed them over to Satan so they might learn not to blaspheme God.

5. Proclaim and Declare - Reaping of the Harvest (Jubilee)

- *Luke 4:18-19 NLT* - "The Spirit of the Lord is upon me, for he has anointed me to bring Good News to the poor. He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free, and that the time of the Lord's favor has come.
- *John 4:35 NLT* - You know the saying, 'Four months between planting and harvest.' But I say, wake up and look around. The fields are already ripe for harvest.
- *Proverbs 3:4 NLT* - Then you will find favor with both God and people, and you will earn a good reputation.
- *2 Corinthians 6:2 NLT* - For God says, "At just the right time, I heard you. On the day of salvation, I helped you." Indeed, the "right time" is now. Today is the day of salvation.
- Pray for evangelist hearts, growth in attendance, baptism, finances, and committed labourers for the harvest and work of the ministry.
- Pray for Church plants under the vision of CFOC
- Pray for souls to be saved and planted in CFOC
- Pray for the new converts to be settled and mature in Christ
- Pray for the vision of CFOC-DOC & Hub to be fulfilled
- Fast, meditate on the Word and Pray without ceasing!

6. Proclaim and Declare - The Time of God's favour

- We declare that the time of God's favour is NOW!
- We declare open portals for God's favour and blessings
- Favour in receiving land and buildings

Isaiah 54:1-4, 11 - Enlarge the site of your tent, stretch out the curtains of your dwellings, do not hold back. Lengthen your ropes and drive your stakes in deep. For you will spread out to the right and left; your descendants will dispossess the nations and inhabit the desolate cities. Do not be afraid, for you will not be put to shame; do not be intimidated, for you will not be humiliated. For you will forget the shame of your youth and will remember no more the reproach of your widowhood....

5 POINTS TO PONDER IN 2025

How Can I discover who I am?

Not just platitudes or sayings but truly know.

1. **Who am I?** Not what do I do, or where I've been - but what drives me?
2. **Where am I from?** Not a nationality or ethnicity
3. **Why am I here?** Why was I born?
4. **What can I do?** What is my true potential or ability (without restrictions)
5. **Where am I going?** Success (physical, spiritual & emotional) Destiny 5, 10, 50 yrs from now. What is your hope? **With God all things are possible.**

OTHER SCRIPTURES TO MEDITATE UPON:

- **Psalm 37:7** "Rest in the LORD, and wait patiently for him:"
- **Isaiah 40:31** "But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint."
- **Psalm 46:10** "Be still and know that I am God: I will be exalted among the heathen, I will be exalted in the earth."
- **2 Corinthians 3:9** "For if [there was] glory in the ministry of condemnation, by much more will the ministry of righteousness **overflow** with glory."
- **Psalm 27:14** "Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD."
- **1st John 5:14-15** "And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us: 15And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him."
- **Matthew 6:7** "But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking. 8Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him."
- **Ephesians 1:7**, "In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;" (The word 'riches' in the Greek here means abundance and fullness!!)
- **Psalms 103:2-4**, "Bless the LORD, O my soul, and forget not all his benefits: Who forgiveth all thine iniquities; who healeth all thy diseases; Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;"
- **Isaiah 61:1-3**, "The Spirit of the Lord GOD is upon me; because the LORD hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound; To proclaim the acceptable year of the LORD, and the day of vengeance of our God; to comfort all that mourn; To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for mourning, the garment of praise for the

spirit of heaviness; that they might be called trees of righteousness, the planting of the LORD, that he might be glorified."

- **1 John 4:16**, "And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him."
- **Romans 8:38-39**, "For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord."
- **2 Peter 3:9**, "The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance."
- **Ephesians 2:4-7**, "But God, who is rich in mercy, for his great love wherewith he loved us, Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;) And hath raised us up together, and made us sit together in heavenly places in Christ Jesus: That in the ages to come he might shew the exceeding riches of his grace in his kindness toward us through Christ Jesus."
- **James 1:17**, "Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning."
- **Jeremiah 29:11**, "For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end."
- **Deuteronomy 30:9**, "And the LORD thy God will make thee plenteous in every work of thine hand, in the fruit of thy body, and in the fruit of thy cattle, and in the fruit of thy land, for good: for the LORD will again rejoice over thee for good, as he rejoiced over thy fathers:"
- **2 Corinthians 5:17**, "Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new."

- **Romans 3:22**, "Even the righteousness of God which is by faith of Jesus Christ unto all and upon all them that believe: for there is no difference:"
- **Romans 8:15**, "For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father."
- **1 John 3:1**, "Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God..."
- **1 Corinthians 6:11**, "...ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God."
- **Ephesians 5:8**, "For ye were sometimes darkness, but now are ye light in the Lord: walk as children of light:"
- **John 14:12** "I tell you the truth, anyone who believes in me will do the same works I have done, and even greater works, because I am going to be with the Father.
- **John 14:11** "Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake.¹² Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.¹³ And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son.¹⁴ If ye shall ask any thing in my name, I will do it.¹⁵ If ye love me, keep my commandments.¹⁶ And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever;¹⁷ Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.¹⁸ I will not leave you comfortless: I will come to you.¹⁹ Yet a little while, and the world seeth me no more; but ye see me: because I live, ye shall live also.²⁰ At that day ye shall know that I am in my Father, and ye in me, and I in you.²¹ He that hath my commandments, and keepeth them, he it is that loveth me: and he that loveth me shall be loved of my Father, and I will love him, and will manifest myself to him."

25 DECLARATIONS FOR 2025

“You will Eat the Fruit of Your Mouth”

Adapted from Ben Lim, Los Angeles, CA

As we have entered a new era, the Lord is assigning the right words to fill your mouth and bringing the right, God-ordained people to help you see and bring you into birthing, fruition, and completion. **2025** is the year of fulfilled destinies, **Jubilee & Favour**. Decree and declare these prophetic words over your family and life, and watch the Lord back them up and add blessings for you!

Declare these prophetic words with Holy Spirit and the unction of faith:

1. *Isaiah 54:1-4* “Sing, O childless woman, you who have never given birth! Break into loud and joyful song, O Jerusalem, you who have never been in labor. For the desolate woman now has more children than the woman who lives with her husband,” says the LORD. ²“Enlarge your house; build an addition. Spread out your home and spare no expense! ³For you will soon be bursting at the seams. Your descendants will occupy other nations and resettle the ruined cities. ⁴“Fear not; you will no longer live-in shame. Don’t be afraid; there is no more disgrace for you. You will no longer remember the shame of your youth and the sorrows of widowhood.
2. I am the head and not the tail. (Deut. 28:13) I will grow in favor with God and with man. The hand of the Lord will be evidently distinguished upon my life. “But because my servant Caleb has a different spirit and follows me wholeheartedly, I will bring him into the land he went to, and his descendants will inherit it.” (Numbers 14:24)

3. I will be an owner and not just a tenant nor a renter. I will own land, gain properties, possess buildings and assets, and inheritances. I am faithful in the little and over the much that God has and will be giving me. (Luke 16:10)
4. I will be healthy and whole in every way; mind, body, soul, and spirit. Every part of my being is covered by the blood of Jesus. I take part of the divine communion of the blood and body of Jesus. He is my sustenance. I am strong in the might of the Lord.
5. All sickness, infirmity, and disease will be far away from me and my family. Every cell, fabric, bone, tissue, and molecule is renewed in the name of Jesus. "If you diligently heed the voice of the LORD your God and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am the LORD who heals you." (Exodus 15:26)
6. I am the lender and not the borrower. I will have more than enough for He is my El-Shaddai. I will graciously give and lend to the poor and to those around me. I am a contributor and a conduit for the Kingdom of God. (Deut. 28:12)
7. My whole entire family will be saved! Every prodigal will return, the backslidden will repent, and the lost will be found! As for me and my household, we will serve the Lord. (Joshua 24:15) They replied, "Believe in the Lord Jesus, and you will be saved-you and your household." (Acts 16:31) My family belongs to the Lord.
8. Whatever I commit unto the Lord will prosper. (Proverbs 16:3) Everything that I put my hands to, will succeed! The Spirit of multiplication will flow in all of my endeavors. Goodness, abundance, and mercy follows me all the days of my life! (Psalm 23:6) All of my steps are ordained by the Lord. (Psalm 37:23)
9. I will walk as a sign and wonder on this earth. (Isaiah 8:18) I live in

the realm of continual suddenlies, God-surprises, signs, wonders, and miracles. Living in the supernatural is the biblical will of God for me and my life. I will overflow with the miracles of God!

10. I am surrounded by the Lord of Hosts and by the hosts of Heaven. Angels are around me and the glory of the Lord is my rear guard. (Psalm 91) The Lord protects me, and His angels will not allow my feet to slip. I release angels to watch over my loved ones and belongings.
11. Every single one of my gifts will be activated, mature, and be effective in Jesus' name. I will be fully equipped by the grace of the Lord and I will be a deadly weapon and instrument of righteousness in the hands of our God.
12. I will be the greatest soul-winner! He who wins souls is wise! (Daniel 12:3) God has given me a passion for the lost and for souls. I will help to fulfill the Great Commission and re-present Jesus here on the earth. May I be the healing hands and serving feet of Jesus wherever I go, at any time.
13. I will continually have clear twenty-twenty-WON vision, insight, hindsight, and foresight. The Lord will anoint my eyes will eye salve (Rev. 3:18) and I shall see with eagle eye vision from Heaven's perspective. The Lord is my light and my salvation, and He will help me to see all of blind spots, any possible traps, snares, and setups that the enemy may have placed. I am more than an overcomer.
14. I break every single curse of witchcraft, hex, vex, voodoo, magic, black magic, confusion, Jezebel, every soul-tie, any spirit of jealousy and envy. I break off any kind of evil and foul thing that has tried to attach itself to myself, my soul, my body, my family, my assets, and my destiny. I am free in Jesus' name! Every single generational blessing will manifest in my life! No evil thing shall have a hold on me.
15. Every single God-ordained destiny door for my life will be opened

- and remain opened by the hand of the Lord. The keys of the Kingdom are mine. (Matthew 16:19) I close every single demonic door of distraction, confusion, and disillusionment and I open the doors, windows, and gates of Heaven over my life. I live in an open heaven.
16. I will only be surrounded by the Lord's Anointed. I attract the friends of God. I attract the true sent ones and servants of the Lord. I will root and plant myself in a true Acts community of Bible-believing, Spirit-filled disciples. "Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers." (Psalm 1:1)
 17. The gift of prayer and intercession will be deep and strong. I am your watchman oh Lord. Help me to pray your assignments and pray until something happens! Anoint me with the gift and oil of intercession. I will pray the prayers of Jesus. "Our Father, who art in Heaven, hallowed by Your name. Your Kingdom come, Your will be done, on earth as it is in Heaven." (Matthew 6:10)
 18. I will be the most generous, the most humble, the most genuine, the most giving, the most present, the most loving, the most serving, the most patient, the most understanding, the most kind, and the most compassionate person in my inner-circle and to those around me. My character will reflect the nature of Jesus. I vow to be like Christ every single day and moment of this year and of my life.
 19. I will walk in the Spirit of wisdom and discernment. Give me the Spirit of the fear of the Lord. Help me to lead and to govern the people you have entrusted to me to shepherd, to bring great honor and fame to Your name. "Give me wisdom and knowledge, that I may lead this people, for who is able to govern this great people of yours?" (2 Chron. 1:10)
 20. Ignite the fire of first love within me every single day. (Rev. 2:4) May my heart be burning with love and may my heart be so *tender and brokenhearted and sensitive to You oh Lord. I am a lover of Your Presence. I am a true worshipper. "Draw near to God and He will draw near to you."* (James 4:8)

21. I am Your beloved child and there is nothing that can ever separate me from Your love. "Who then is the one who condemns? No one. Christ Jesus who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us. Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword?"
22. As it is written: "For your sake we face death all day long; we are considered as sheep to be slaughtered." No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord." (Romans 8:34-38).
23. I am favoured by God, and I am favoured by man, I increased daily in wisdom. As Jesus the Christ increased, so we at CFOC increase in divine favour, "Luke 2:52, And Jesus kept increasing in wisdom and stature, and in favor with God and men.
24. Psalm 32: 1,2,8,9 The Lord says, "Oh, what joy for those whose disobedience is forgiven, whose sin is put out of sight. Yes, what joy for those whose record the Lord has cleared of guilt, whose lives are lived in complete honesty!" v. 8-9 "The Lord says, "I will guide you along the best pathway for your life. I will advise you and watch over you. Do not be like a senseless horse or mule that needs a bit and bridle to keep it under control.
25. Nehemiah 4:6 paraphrased: We, the people of CFOC, continue to build the wall until it's completed because we have a mind to work